

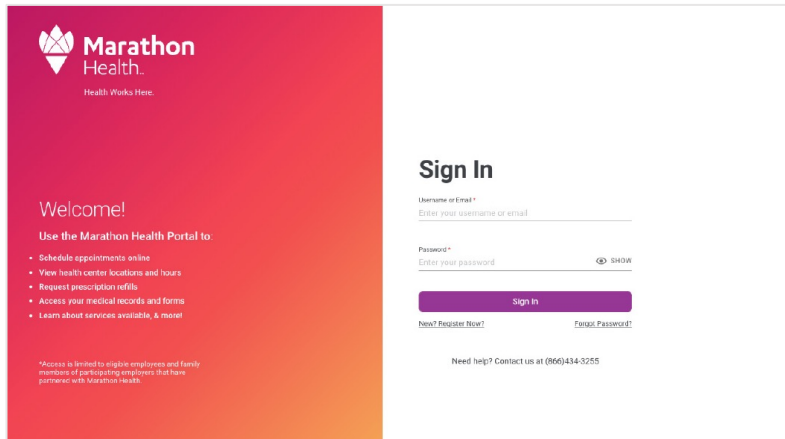
Incentive Portal Guide



Track Your Incentive

Log in to the Marathon Health Portal

You can log in to the Portal at my.marathon-health.com from any computer or mobile device that has access to the internet. If you need assistance with your username and/or password, please click the “New?” or “Forgot Password?” links below the “Sign In” button.



View Your Program

Click the “View Incentives” button on the homepage to see your activities and track your progress towards your Incentive rewards.

My Incentives Status

[View Incentives](#)



2024 SJCSH HRA Program



My progress: 0 Points



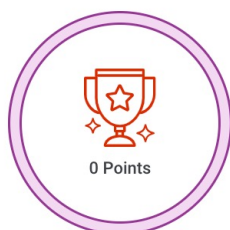
Time remaining: 330 days



Complete Your Activities

For additional information on each activity, click on a specific activity under the goals section. To schedule an appointment, click the “Schedule an Appointment” button in the portal.

My Status
0/2 Points



Incentive Program Goals

Goal Status Key

Select a goal below to learn more about how to complete the activity and earn towards your incentive program.

Complete Your Biometric Screenings At One Of The Marathon Health Wellness Centers

1 Point



Complete The Health Risk Assessment

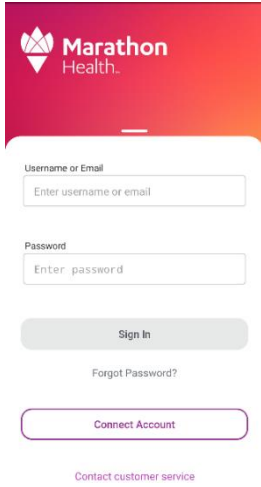
1 Point



Navigating Incentives in the App

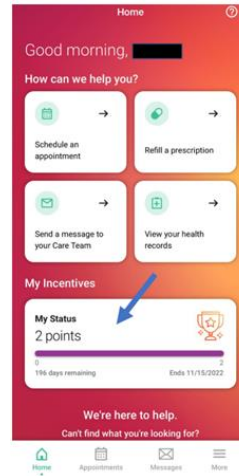


Logging in to the App



Download the App and log in using your Marathon Health credentials. If you need assistance with your username and/or password, please click the “Forgot Password?” or “Contact customer service” links.

Access Your Incentives



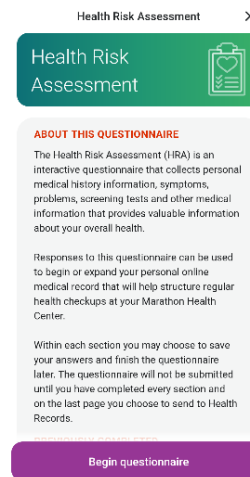
When logging in to the Marathon Health App, “My Incentives” will be located on the home page. Once you select the “My Status” box, it will open the Incentives tab.

Complete your Activities



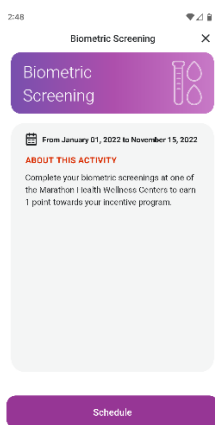
In the Incentives tab, your status, program, and incentive activities are listed. If you select the green portion – Health Risk Assessment or purple portion – Biometric Screening, the dates of completion are listed, if completed.

Complete the Health Risk Assessment



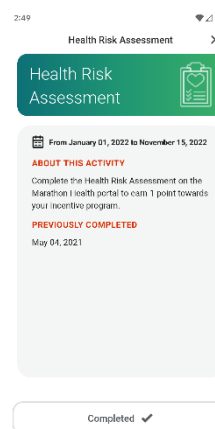
Click on the Health Risk Assessment tab on the Marathon Health App homepage or in the Incentives tab. Once your Health Risk Assessment has been completed, points will automatically show as pending and will confirm within 24-48 hours.

Complete a Biometric Screening



Complete a Biometric Screening with Marathon Health. Schedule right through the App or by calling the wellness center. Once your screening has been completed, points will reflect in your program within 7 days.

Confirm Completion of Your Activities

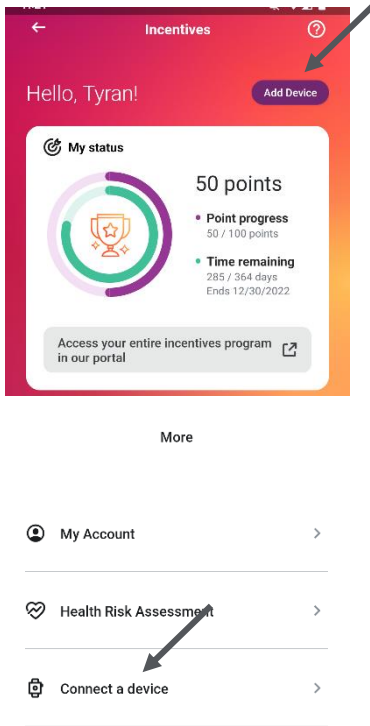


Once your activities have been completed, they will be marked as completed at the bottom of the screen.

Connecting Devices in the App

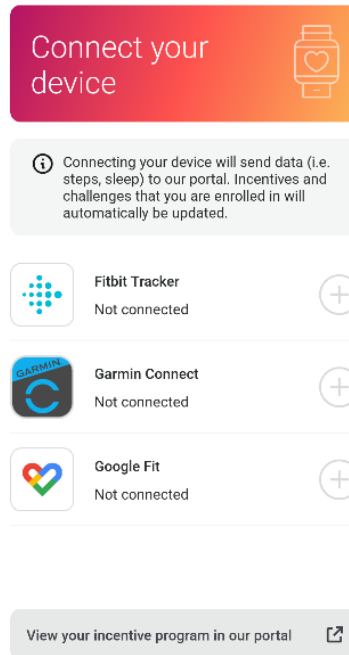


Adding Your Device



You can connect your wearable device in the Incentives tab by clicking on the “Add Device” button or by clicking on the more tab at the bottom of the home screen and choosing the “Connect a device” option.

Choose Your Device



Choose the device/app you wish to connect by clicking on the + button.

If you have an App for your wearable device, you will be asked to agree to share data to sync your device.

If you do not have an App for your wearable device, you will be prompted to log in to your account using your wearable device username and password information.

Tracking Your Progress

To view data synced from your wearable device or app, click on the “View your incentive program in our portal” button to be redirected to the mobile optimized portal. This will redirect you to the mobile optimized version of the portal. Expand the navigation menu selection on the left and select the “MyHealth” tab in the menu. Choose “Wellness Logs” and click on the data you would like to view.

