

Welcome to the SJCSO On-Site Wellness Centers!

It is voluntary and private. Your medical information will not be shared with the St. Johns County School District. The Wellness Centers serve you in several ways that help lower your cost and improve health.

Why Should I Utilize the SJCSO On-Site Wellness Centers?

- No deductible to meet, no copay for doctor visits, no charge for top-utilized generic and some brand-name prescriptions.
- Available services include acute, primary, and chronic care, wellness and prevention, majority of top-utilized generic drugs and some brand-name drugs, lab work, x-rays (Nease and Pedro Menendez) and free health risk assessments.
- All services will be provided to employees, dependents age 12 and older, and retirees covered under the St. Johns County School District Self-Funded Medical Plan.
- Dedicated standard appointment times will be set to help minimize waiting time. You may use the Wellness Centers for acute services or make it your regular medical provider.

Kristen Orlando BH Counselor



Kristen Orlando is a licensed mental health counselor with 9 years of healthcare experience. She received her Bachelor of Arts degree from Siena College and Master of Science in Mental Health Counseling from Pace University. Kristen has served in specialized areas such as domestic violence and substance abuse. Kristen uses a Cognitive Behavioral approach combined with Person Centered therapy. Kristen uses empathic understanding to build a trusting and safe connection with her patients. In her free time, Kristen likes to spend time reading on the beach and playing with her French Bulldog named Moonee.

Andrew Neal Family Nurse Practitioner



Andrew has over 20 years of experience providing quality patient care for all ages. He received his Bachelor of Science in Nursing from East Tennessee State University in 1995 and his Masters of Science from Western Carolina University in 2009. Andrew most recently worked in family and pediatric medicine and has experience working in internal medicine, intensive care, emergency, and Medevac flight services. He is excited to join Marathon Health because of his passion to help patients lead healthier lives and is looking forward to spending quality time getting to know St. Johns County School District employees and their families.

Alicia Carmine Medical Assistant



Alicia has been working as a Medical Assistant with Marathon Health 5 years this January. She enjoys travelling to all three centers within the county. Alicia is passionate about health and wellness and providing exceptional patient care as a medical assistant. She loves people! She is honored to work with St. Johns County School District employees and families being born and raised in the same district. In her spare time, she loves spending time at the go-kart tracks, exploring the outdoors land or underwater, football or just home with her family.

Practitioners at All SJCSO Wellness Centers

eHealth Portal

Catch up on the latest health info and news on the portal homepage. This content is updated frequently and focuses on common questions and topics that are relevant to the season or current events.

Click on the Appointment tab to set up an appointment at the onsite health center. A scheduling guide will help you select the appropriate appointment type.

Explore the tools and trackers in the Wellness tab. Here you will find cardio, weight, food, and exercise logs, healthy recipes, exercise demonstration videos, calorie counts from your favorite restaurants, and more.

Check your Messages tab for appointment reminders or answers to questions you may have sent to your health coach.

Who Completes the HRA (Health Risk Assessment)?

The Health Risk Assessment Program (HRA) is a biometric screening, health history and Risk Assessment (HHRA), which takes place at one of the three Marathon Wellness Centers. The HRA Program is required to be completed at one of the three health center locations ONLY: O’Connell Wellness Center, Nease Wellness Center, or Pedro Menendez Wellness Center. HRA results are private, confidential, and are not shared with St. Johns County School District. You can download your lab results online and take them to your own physician if you choose.

HRA Requirements January 1 through November 15

- Employees born in an ODD year and covered under the medical plan are required to complete the HRA during ODD years (e.g., 1963).
- Employees born in an EVEN year and covered under the medical plan are required to complete the HRA during EVEN years (e.g., 1964).
- Spouse of an employee covered under the medical plan is required to complete HRA by following employee’s birth year, regardless of the spouse’s birth year.
- This does not apply to enrolled dependent children regardless of age.
- \$10 surcharge per pay period will be assessed for two years if either employee or spouse covered under the medical plan does not complete HRA in the given year.
- Retirees and spouses under age 65 covered under the Medical Plan are required to participate. Spouses will follow the covered employee/retiree DOB for completion of requirements.

HRA (Health Risk Assessment)



Monique Jefferson Physician

Dr. Jefferson is a family medicine physician who has been working in healthcare for several years. She graduated from Florida State Medical School in Tallahassee, FL in 2011 and went on to graduate from residency at St. Vincent’s Family Medicine Program in 2014 in Jacksonville, FL. She has enjoyed working as a family physician to a wide range of patients, from newborns to the elderly, with a large focus on Women’s Health and Preventative Medicine. She is excited to continue focusing on prevention while working with the SJCS population. In her spare time, she loves to read, play tennis, play with her dogs, and volunteer at the local food bank and her church.

**Nease Wellness
10430 Ray Road
Ponte Vedra, FL 32081
904-671-8329**

**Monday, Tuesday, Wednesday 8am- 5pm
Thursday 10am – 7pm
Friday 6:30am – 5pm
Saturday 9am – 1pm**



Tara Jones Radiological Technologist

Tara is a Radiological Technologist/Medical Assistant who comes to Marathon Health after working as a temporary worker for the last year. Tara states “Marathon had such a great work environment during my time as a temp that I jumped at the chance to join the team! Tara has 8+ years of Radiography experience. She started at the age of 18 with Flagler’s radiology department. Tara loves making an impact on her patients’ lives and exceeding their expectations. Tara is a mother to an awesome 5-year-old named Ryan. For fun, Tara loves concerts, travelling, and “Glamping



Laurie Fauci Medical Assistant

Laurie is a registered medical assistant through the American Registry of Medical Assistants and is CPR certified through the American Heart Association. She began her career in 1993 as an Emergency Medical Technician, and then advanced to EMT. Laurie has worked at Marathon Health in St. Augustine since the beginning of 2016. She is originally from Poughkeepsie, NY, but found herself in NC before her journey to Florida. She enjoys working with teams and especially the patients for St. Johns School District. Her husband John is a musician and the two of them loving traveling. Especially to NY to see their families.

Joan Wyatt Physician



Dr. Wyatt is a family practice physician who has dedicated much of her career to improving quality healthcare as a primary care provider for homeless and underserved populations. She received her MD degree from University of Texas Health Science Center and BS degrees from the University of Texas - San Antonio and the University of Illinois. Dr. Wyatt went on complete a family practice residency program at the Merced Community Medical Center. Dr. Wyatt looks forward to building relationships with the St. Johns County School District employees and their families and helping them on their journey to better health.

**O'Connell Wellness Center
3740 International Golf Pkwy, Ste. 100
St. Augustine, FL 32092
904-671-8333**

**Monday, Tuesday, Friday 8am – 5pm
Wednesday 8am – 7pm
Thursday 6:30am – 5pm**

Jennifer Humphries Medical Assistant



Jennifer is a native to St. Johns County and loves her rural living. She has been in the medical field for close to 20 years, starting out in the orthopedic field, then moving on to primary care where she has been for 15 years. Jennifer has 3 daughters, 19, 13 and 6. In her spare time, she enjoys fishing, hunting, and enjoying the Florida beaches!

Melissa Strickland Medical Assistant



Melissa Strickland has been a Medical Assistant with 20 years of experience. Ranging in care from Primary Care to Cardiology to Pain Management. She started her medical career in the U.S. Army in 1999. Melissa has 3 children, 1 dog and loves spending time with them. She and her husband love to go to the beach and love watching Florida Gator football. She is a native of St. Augustine and loves this beautiful city and the history behind it. She enjoys the medical profession and being able to help others.

Meet the Staff at O'Connell Wellness Center (904) 671-8333

Dr. Marinelle Platon-Jones Physician



Dr. Jones has been with Marathon since 3/15/21. She graduated medical school as a commissioned Naval Officer about 15 years ago. After graduation she practiced Internal Medicine as an intern at the National Naval Medical Center. She then practiced naval Aviation medicine and was even deployed twice overseas practicing. After that she started family medicine residency in Florida and worked as a primary care physician before joining the Marathon Team.

Dr. Jones enjoys running and runs almost every day. She also enjoys swimming, kayaking, biking, snorkeling, and fishing with her husband and daughter.

Pedro Menendez Wellness Center
580 State Road 206 W.
St. Augustine, FL 32086
904-671-8337

Monday, Thursday, Friday 8am- 5pm
Tuesday 10am – 7pm
Wednesday 6:30am – 5pm

Shirley Edwards Radiological Technologist



Shirley Edwards is a Registered Radiologic Technologist and has over 10 years of experience in the x-ray and medical assisting fields. She received her Associates of Science in Radiologic Technology from Keiser University and has a secondary credential in Bone Density. She has worked in hospital, imaging center, and urgent care settings. She is a graduate of “THE” St Augustine High School and is also an Air Force Veteran. Shirley enjoys traveling and binge watching just about anything. She has been married for 22 years and her son Cameron goes to UCF and her son Sammy goes to Valdosta State University.

Robert Thurston Medical Assistant



Robert Thurston has been working in the medical field for 10+ years. Starting at Flagler hospital in St. Augustine as a Patient Transporter, he realized he enjoyed the hospital setting and got his CNA license to further his knowledge in the medical field and work closer with patients and Nurses. Robert has been part time for Marathon health since November 2019 and recently signed up for a full-time position in 2021. Robert really enjoys patient interactions and building new relationships with patients as they become more familiar. Robert recently became a father in 2021 and enjoys time with his family and camping in the Southeast when the weather permits.



Marathon Wellness Centers

To schedule an appointment please call the phone number listed with each Wellness Center or go online at: <https://my.marathon-health.com>

New members: First log in using the secure username and password you received in the introductory mailing from Marathon Health. If you do not know your username or password, use the recovery links on the login page.