

Prescriptions Available to You at the SJCSO Wellness Centers

In order to obtain prescriptions through the Wellness Centers, you must establish care with a Marathon Health provider, even if you have a current prescription from a different provider. To get started schedule an appointment at the wellness center of your choice. During your appointment, the provider will discuss your health with you and, if necessary, write a prescription. Over-the-counter medications like allergy, cold/cough medications, or ibuprofen are not available at the wellness centers.

There are three ways to receive medications from the Wellness Centers

- Medications dispensed at the Wellness Centers
- Medications available through SavRX Mail Order for no cost to the patient
- Medications filled at a local pharmacy or Express Scripts Mail Order (You may have a co-pay for these medications. A list of medications available at no charge to you at local Retail pharmacies is listed on page 4.

Medications Available Onsite at No Cost to the Patient

The medications listed below are available at the wellness center and may be provided to you during a medical visit. The wellness centers dispenses medications for acute conditions like infections or minor illnesses. The wellness centers also dispenses starter medications for some chronic conditions like high blood pressure or high cholesterol that are newly diagnosed by the Marathon Health Provider.

Medications Onsite Available at No Cost *Effective December 11, 2017*

Albuterol HFA	Gemfibrozil	Ondansetron
Acyclovir	Hydrochlorothiazide (HCTZ)	Prednisone
Amoxicillin	Lisinopril	Ranitidine
Amoxicillin/Clavulonic acid	Losartan	Sertraline
Atorvastatin	Meloxicam	Sulfamethoxazole-TMP DS
Azithromycin	Metformin	Sumatriptan
Benazepril HCL	Methocarbamol	Topiramate
Benzonatate	Metoprolol Succinate	Triamcinolone acetonide cream
Citalopram HBr	Mupirocin ointment	Valacyclovir
Clindamycin HCL	Naproxen	Venlafaxine (not extended release)
Fluconazole	Nitrofurantoin monohydrate	

Nease Wellness Center

10430 Ray Road
Ponte Vedra, FL 32081
Mon, Tue, Wed:
8am - 5pm (closed 1p - 2p)
Thu: 10am - 7pm (closed 2p - 3p)
Fri: 6:30am - 5pm (closed 1p - 2p)
Sat: 9am - 1pm
904-671-8329

Pedro Menendez Wellness Center

580 State Road 206 W.
St. Augustine, FL 32086
Mon, Thu, Fri:
8am - 5pm (closed 1p - 2p)
Tue: 10am - 7pm (closed 2p - 3p)
Wed: 6:30am - 5pm (closed 1p - 2p)
904-671-8337

O'Connell Wellness Center

3740 Int'l Golf Pkwy, Ste. 100
St. Augustine, FL 32092
Mon, Tue, Fri:
8am - 5pm (closed 1p - 2p)
Wed: 10am - 7pm (closed 2p - 3p)
Thu: 6:30am - 5pm (closed 1p - 2p)
904-671-8333



Marathon 
For life.

www.marathon-health.com/myphr
my.marathon-health.com

Medications Available through SavRX Mail Order at No Cost to the Patient

Most doses of the medications listed below are available through the SavRX mail order and are free of charge for patients engaged in care with the Marathon Health providers. Most of these medications are available in 90-day supplies for chronic, ongoing conditions being treated at the Wellness Centers.

Mail Order Medications Available at No Cost Effective December 11, 2017

Acyclovir	Desogestrel /ethinyl/estradiol	Isosorbide Mononitrate	Pantoprazole/Protonix
Albuterol Sulfate HFA Brand or Proventil Brand	Dicyclomine/Bentyl	Junel 1.5/30	Paroxetine/Paxil
Alendronate Sodium	Diltiazem Hcl	Ketoconazole	Pentoxifylline ER Extended Release
Allopurinol	Doxazosin	Labetalol	Pioglitazone
Amitriptyline	Doxepin / Doxepin HCl	Lansoprazole/Prevacid	Pioglitazone HCl
Amlodipine	Doxycycline hyclate	Larin Fe	Potassium Chloride/Klor-Con
Amlodipine Besylate	Drospirenone/ethinyl estradiol	Levocetirizine/dihydrochloride	Pravastatin/Pravachol
Amlodipine besylate/benazepril hcl	Duloxetine/Cymbalta	Levonest	Propranolol
Amlodipine besylate/valsartan	Enalapril Maleate	Levonorgestrel/ethinyl estradiol	Ramipril
Atenolol	Ergocalciferol	Levothyroxine	Ranitidine
Atorvastatin calcium	Escitalopram/Lexapro	Lisinopril	Rizatriptan
Atorvastatin/Lipitor	Estradiol	Lisinopril-Hydrochlorothiazide	Rosuvastatin/Crestor
Azelastine	Ethinyl estradiol/norgestimate	Losartan/Cozaar	Sertraline/Zoloft
Benazepril HCl	Ethinodiol diacetate/ethinyl estradiol	Losartan-Hydrochlorothiazide	Simvastatin/Zocor
Benazepril HCl /hydrochlorothiazide	Fenofibrate	Lovastatin	Spironolactone
Benazepril/Lotensin	Ferrous Sulfate	Meloxicam	Sumatriptan
Benzoyl Peroxide	Finasteride	Metformin	Tacrolimus
Betamethasone valerate	Fluocinonide	Metformin ER 500 mg & 750 mg ONLY	Tamsulosin/Flomax
Betamethasone/dipropionate	Fluoxetine/Prozac	Methyldopa Oral Tablet 500 MG Only	Terazosin
Bisoprolol-Hydrochlorothiazide	Furosemide	Metoprolol Succinate	Terbinafine HCl
Bupropion Hcl/Wellbutrin XL and SR	Gabapentin	Metoprolol Tartrate	Topiramate
Buspirone HCl	Gemfibrozil	Minocycline	Trazodone

Nease Wellness Center

10430 Ray Road
Ponte Vedra, FL 32081
Mon, Tue, Wed:
8am - 5pm (closed 1p - 2p)
Thu: 10am - 7pm (closed 2p - 3p)
Fri: 6:30am - 5pm (closed 1p - 2p)
Sat: 9am - 1pm
904-671-8329

Pedro Menendez Wellness Center

580 State Road 206 W.
St. Augustine, FL 32086
Mon, Thu, Fri:
8am - 5pm (closed 1p - 2p)
Tue: 10am - 7pm (closed 2p - 3p)
Wed: 6:30am - 5pm (closed 1p - 2p)
904-671-8337

O'Connell Wellness Center

3740 Int'l Golf Pkwy, Ste. 100
St. Augustine, FL 32092
Mon, Tue, Fri:
8am - 5pm (closed 1p - 2p)
Wed: 10am - 7pm (closed 2p - 3p)
Thu: 6:30am - 5pm (closed 1p - 2p)
904-671-8333

Marathon *WVJ*
For life.

www.marathon-health.com/myphr
my.marathon-health.com



Buspirone/Buspar	Glimepiride	Montelukast	Triamcinolon/acetonide
Calcium Acetate (Phos Binder)	Glipizide	Nifedical XL ER	Triamterene-Hydrochlorothiazid
Carvedilol	Glyburide	Nifedipine OS and ER	Tri-Previfem (28)
Chlorthalidone	Glyburide-Metformin	Norethindrone	Valacyclovir
Citalopram/Celexa	Hydralazine	Norethindrone/ethinyl estradiol	Valsartan
Clindamycin Phos/topical sol (pledgets)	Hydrochlorothiazide	Nystatin	Valsartan-Hydrochlorothiazide
Clindamycin phosphate	hydroxyzine pamoate	Omeprazole	Venlafaxine ER/Effexor Xr
Clobetasol Propionate	Indomethacin	Ondansetron	Venlafaxine/Effexor
Clonidine	Irbesartan	Oxybutynin Chloride	Verapamil

The SJCSJ Wellness Centers are not pharmacies, but they dispense medications for conditions treated at the centers. **By law, the Wellness Centers cannot fill prescriptions from outside prescribers or physicians.** If you have prescriptions that are on these lists below and would like to know if the Wellness Centers can help you get your prescriptions at no cost, you must schedule an appointment with a Marathon Health provider.



Nease Wellness Center

10430 Ray Road
Ponte Vedra, FL 32081
Mon, Tue, Wed:
8am - 5pm (closed 1p - 2p)
Thu: 10am - 7pm (closed 2p - 3p)
Fri: 6:30am - 5pm (closed 1p - 2p)
Sat: 9am - 1pm
904-671-8329

Pedro Menendez Wellness Center

580 State Road 206 W.
St. Augustine, FL 32086
Mon, Thu, Fri:
8am - 5pm (closed 1p - 2p)
Tue: 10am - 7pm (closed 2p - 3p)
Wed: 6:30am - 5pm (closed 1p - 2p)
904-671-8337

O'Connell Wellness Center

3740 Int'l Golf Pkwy, Ste. 100
St. Augustine, FL 32092
Mon, Tue, Fri:
8am - 5pm (closed 1p - 2p)
Wed: 10am - 7pm (closed 2p - 3p)
Thu: 6:30am - 5pm (closed 1p - 2p)
904-671-8333

Marathon 
For life.

www.marathon-health.com/myphr
my.marathon-health.com

Medications Available through a Local Retail Pharmacy at No Cost to the Patient

The medications listed below are available at local retail pharmacies for no additional cost to you or the medical plan. You can receive these medications by visiting the wellness center for a medical visit and one of the providers can send your prescriptions over to the pharmacy below.

Publix Free Medication List *Effective Date December 11 2017*

Amlodipine 90 day supply (up to 180 2.5 mg or 5 mg, or 90 10 mg tablets)	Ciprofloxacin (excluding Ciprofloxacin XR)	Montelukast 90 day supply (4 mg or 5mg chewable tablets or 10mg tablets)
Amoxicilin 14 day supply	Lisinopril 90 day supply (all strengths, up to 180 tablets) Lisinopril HCTZ excluded	Penicillin VK
Ampicillin	Metformin 90 day supply of generic immediate release metformin (360 tablets of 500 mg , 270 tablets of 850 mg or 225 tablets of 1000 mg)	Sulfamethoxazole/Trimethoprim (SMZ-TMP) (tablets only)

For more detailed information on medications available free at Publix visit:

<http://www.publix.com/pharmacy-wellness/pharmacy/pharmacy-services/free-medication-program>

Winn-Dixie Free Medication List *Effective Date December 11, 2017*

Amoxicillin (various doses and quantities)	Metformin Immediate Release (1000 mg, 500 or 805 mg Tablets)	Pencillin VK (250 mg or 500 mg Tablets)
Lisinopril (2.5 mg, 5 mg, 10 mg, 20 mg, 30 mg, 40 mg)	Penicillin V Pot 125/5 (100 ML)	Sulfameth/Trimeth (400/80 mg or 800/160 mg tablets)

For more detailed information on medications available free at Winn Dixie visit:

<https://www.winndixie.com/pharmacy/generics-list>

Other Low Cost Options for Prescriptions

Publix, CVS, Walmart, and Target offer a variety of generic medications starting at \$4 per prescription. Talk to your medical provider or a retail pharmacist to explore your options to receive the lowest cost alternative.



Nease Wellness Center

10430 Ray Road
Ponte Vedra, FL 32081
Mon, Tue, Wed:
8am - 5pm (closed 1p - 2p)
Thu: 10am - 7pm (closed 2p - 3p)
Fri: 6:30am - 5pm (closed 1p - 2p)
Sat: 9am - 1pm
904-671-8329

Pedro Menendez Wellness Center

580 State Road 206 W.
St. Augustine, FL 32086
Mon, Thu, Fri:
8am - 5pm (closed 1p - 2p)
Tue: 10am - 7pm (closed 2p - 3p)
Wed: 6:30am - 5pm (closed 1p - 2p)
904-671-8337

O'Connell Wellness Center

3740 Int'l Golf Pkwy, Ste. 100
St. Augustine, FL 32092
Mon, Tue, Fri:
8am - 5pm (closed 1p - 2p)
Wed: 10am - 7pm (closed 2p - 3p)
Thu: 6:30am - 5pm (closed 1p - 2p)
904-671-8333

Marathon *WJ*
For life.

www.marathon-health.com/myphr
my.marathon-health.com