

2026 SJCS D Spring Districtwell Program



The SJCS D Districtwell Program will run through **April 30, 2026**. Employees who are enrolled in the SJCS D Self-Funded Medical Plan have the option of participating in the program. Participate in well-being activities for a chance to receive a **one-time payroll increase**.

Incentive Reward: One-time Payroll Increase

Level	Points	Gift
Bronze	25+	\$50 to 150 winners
Silver	50+	\$75 to 65 Winners
Gold	75+	\$100 to 25 winners

Incentive Program Activities:

- Preventative Health Activities
 - Annual Physical exam (15 points)
 - Preventative screening/exam (15 points)
 - Flu Vaccine (10 points)
 - Blood Donation (10 points)
- Community and Social Wellbeing Activities:
 - Volunteering in the community (10 points)
 - Community fitness event (10 points)
 - TEAM HealthyWage 12-Week Weight Loss Challenge Registration (20 points)
 - Heart & Hustle Challenge (10 points)
- Personal Growth Activities:
 - Wellness webinars (5 points each, max of 4)
 - Health coaching or mental health visits (15 points each, max of 2)
 - Professional development (5 points)

How do I participate in the Districtwell Program?

The Districtwell Program is accessible through the Marathon Health portal! Log in to your Marathon Health portal account by visiting **my.marathon.health** or scanning the QR code below. Click on "Incentives & Wellness" > "Incentives" to see the program activities and how to participate.



Schedule an appointment
visit **my.marathon.health**

