



2025 Fall Districtwell Program

The SJCS Districtwell Program will run from **May 1, 2025 through November 30, 2025**. Employees who are enrolled in the SJCS Self-Funded Medical Plan have the option of participating in the program. Participate in well-being activities for a chance to receive a **one-time payroll increase**.

Incentive Reward: One-time payroll increase

Level	Points	Gift
Bronze	25+	\$50 to 150 winners
Silver	50+	\$75 to 65 Winners
Gold	75+	\$100 to 25 winners

Incentive Program Activities*

- Preventative Health Activities
 - Annual Physical exam (15 points)
 - Preventative screening/exam (15 points)
 - Flu Vaccine (10 points)
- Community and Social Well-being Activities:
 - Volunteering in the community (10 points)
 - Community fitness event (10 points)
 - Physical activity challenge (10 points)
 - Blood donation (10 points)
- Personal Growth Activities:
 - Mindfulness challenge (10 points)
 - Wellness webinars (5 points each, max of 4)
 - Health coaching or mental health visits (15 points each, max of 2)
 - Professional development (5 points)

How do I participate in the Districtwell Program?

The Districtwell Program is accessible through the Marathon Health portal! Log in to your Marathon Health portal account by visiting my.marathon.health or scanning the QR code below. Click on "Incentives & Wellness" > "Incentives" to see the program activities and how to participate.



Schedule an appointment visit my.marathon.health

**More activities are available in the Marathon Health portal*

